

THE List

HEALTHIEST COMPANIES

Ranked alphabetically within each category

Name Address Telephone (Area code 904), Website	Category	Top executive	Successful wellness initiative
U.S. Preventive Medicine Inc. 12740 Gran Bay Parkway W., No. 2400, Jacksonville, 32258 (866) 713-1167, uspreventivemedicine.com	Gold	Christopher Fey Chairman, CEO	The Monumental Walking Challenge was an eight-week walking initiative that helped increase social interaction around physical activity while creating a company culture of wellness
University of North Florida 1 UNF Drive, Jacksonville, 32224 620-1000, unf.edu	Gold	John Delaney President	Tobacco Attitude survey – implemented to assess the outlook of going tobacco-free campuswide
YMCA of Florida's First Coast 12735 Gran Bay Parkway W., Suite 250, Jacksonville, 32258 296-3220, firstcoastymca.org	Gold	Eric Mann President, CEO	City host of the First Coast Games Corporate Cup Challenge, internal employee program Passport to Health focusing on all aspects of prevention screenings
The Blood Alliance 7595 Centurion Parkway, Jacksonville, 32256 353-8263, lgiveblood.com	Silver	Dale Malloy President, CEO	Implemented a wellness incentive plan
Burkhardt Sales & Service 3935 Inman Road, St. Augustine, 32084 829-3008, WND	Silver	T. Brookes Burkhardt Owner	Biggest Loser weight loss challenge
Citizens Property Insurance Corp. 8301 Cypress Plaza Drive, Suite 500, Jacksonville, 32256 208-7463, citizensfla.com	Silver	Tom Grady, President	Implemented an online health tracker
Crowley Maritime Corp. 9487 Regency Square Blvd., Jacksonville, 32225 727-2200, crowley.com	Silver	Thomas B. Crowley CEO, President	As metric intensive company Live Well program features The Rhythm of Safety, intramural sports, Healthy Backs & a new mother's room
Flagler College 74 King St., St. Augustine, 32084 829-6461, flagler.edu	Silver	William T. Abare Jr. President	Developed a punch-card program for employee wellness activities
Florida State College at Jacksonville 501 W. State St., Jacksonville, 32202 646-2300, fscj.edu	Silver	Dr. Judy Bilsky Acting college president	Hosted a wellness fair called "Recharge Your Health With Technology"
Gunster 225 Water St., Suite 1750, Jacksonville, 32202 354-1980, gunster.com	Silver	H. William Perry, Managing shareholder	Program uses accelerometers – a smart pedometer that can distinguish among walking, running, stair-climbing & so on & provide participants' accounts with appropriate activity credit & measure each participant's activity throughout the year
MSC Group Inc. 841 Prudential Drive, Suite 900, Jacksonville, 32207 (800) 848-1989, yourmsc.com	Silver	Joseph Delaney President, CEO	Successful alignment from their program "Live It For Life" employees needs & interest survey to providing programs with significant impact such as Zumba fitness & health fairs
Regency Centers Corp. 1 Independent Drive, Suite 114, Jacksonville, 32202 598-7000, regencycenters.com	Silver	Martin E. Stein Jr. Chairman, CEO	Health snapshot – health screenings, healthy employees & productive workforce produces a competitive company advantage
Reynolds, Smith and Hills Inc. 10748 Deerwood Park Blvd. S., Jacksonville, 32256 256-2500, rsandh.com	Silver	Leerie T. Jenkins Jr. Chairman, CEO	Wellness program is a resource for employees to achieve healthier lifestyles through screenings, health risk assessments & national walk at lunch programs
School Board of Nassau County 1201 Atlantic Ave., Fernandina Beach, 32034 491-9900, nassau.k12.fl.us	Silver	Dr. John Ruiz Superintendent of schools	Nutrition education courses – Am I Hungry? workshop series & healthy cooking classes
The Suddath Cos. 815 S. Main St., Jacksonville, 32207 390-7100, suddath.com	Silver	Barry Vaughn CEO	Wellness Ambassadors helped to support two programs of significant impact: Weight Watchers at Work & the Biggest Loser challenge
Community Hospice of Northeast Florida 4266 Sunbeam Road, Jacksonville, 32257 596-6216, communityhospice.com	Bronze	Susan Ponder-Stansel President, CEO	Wellness campaign features Know Your Numbers using the American Heart Association's Start! Walking program to encourage employees to move away from their desks
Corporate Care Works 8665 Baypine Road, Suite 100, Jacksonville, 32256 296-9436, corporatecareworks.com	Bronze	Cynthia Persico President, CEO	Implemented team building exercises & ropes courses
The CSI Cos. 9995 Gate Parkway, Suite 100, Jacksonville, 32246 338-9515, thecsi.companies.com	Bronze	Chris Flakus President	Program emphasis on physical fitness & healthy eating while at work & encouragement to participate in community events
Duval County Public Schools 1701 Prudential Drive, Jacksonville, 32207 390-2000, duvalschools.org	Bronze	Ed Pratt-Dannals Superintendent of schools	Provided a diabetes management program in which employees had the opportunity to attend an eight-hour educational course
Family Care Partners of Northeast Florida LLC 6520 Fort Caroline Road, Jacksonville, 32277 744-7300, familycarepartners.com	Bronze	Dr. William Carriere President	Program initiatives focused in the physical dimension of wellness, including gym memberships, Biggest Loser challenges, walking & stretching programs
Health Designs Inc. 35 Executive Way, Suite 110, Ponte Vedra Beach, 32082 285-2019, healthdesigns.net	Bronze	Ann Sabbag President	Employee wellness program features adventurous walking routes & healthy recipes
Rogers Towers PA 1301 Riverplace Blvd., Suite 1500, Jacksonville, 32207 398-3911, rlaw.com	Bronze	Fred Franklin Managing director	Annual health fair engages employees to think about their own health through prevention screenings & participate in community events such as Gate River Run, MS150 & other firm-sponsored walks, runs & rides
St. John's Welfare Federation dba BayView Healthcare 161 Marine St., St. Augustine, 32084 829-3475, bayviewhealthcare.org	Bronze	Larry Lake Executive director, CEO	Comprehensive employee wellness program focused on providing engaging initiatives to employees to include 10-week Health & Wellness101 lecture series & an eight-week physician lectures series

Source: First Coast Worksite Wellness Council, company websites
Information current as of May 2012

Note – Ranking was compiled by First Coast
Worksite Wellness Council

It is not the intent of this list to endorse participants or imply that a listing indicates
quality. Every attempt is made to ensure the accuracy and thoroughness of this list.
BOOK OF LISTS ON DISK (800) 486-3289 or www.bizjournals.com/commerce/
HEALTHIEST COMPANIES LIST CONTINUED FROM PAGE 14